

# Cleansing Waters, LLC

## Colon Hydrotherapy Certification Program

### Goals:

1. This Program will include an introduction to material that advances your knowledge of colon hydrotherapy in accordance with the International Association for Colon Hydrotherapy (I-ACT) procedures and guidelines in preparation for taking the I-ACT Certification Examination in Colon Hydrotherapy – Foundation Level. In accord with I-ACT requirements, the program requires a minimum of 100 hours of education/training/theory in:
  - Business Ethics/Office Procedures (5 hrs)
  - Health & Sanitation (5 hrs)
  - Anatomy & Physiology (45 hrs – 25 home study and 20 classroom)
  - Colon Hydrotherapy Theory/History (5 hrs)
  - Complementary Modalities (5 hrs)
  - Internship/Apprenticeship (35 hrs)
2. An apprentice who successfully completes the Program will demonstrate an understanding of and proficiency in:
  - Colon Hydrotherapy - student will perform all functions of the **colon hydrotherapy** process including, but not limited to:
    - scheduling and confirming appointments
    - communication with the client, including performing client intake and documentation of services provided
    - educating client on the basic digestive system functions
    - equipment setup
    - performing colonic sessions
    - post-colonic care
    - cleansing colonic equipment
    - routine facility cleanliness
  - General Nutrition as based on Body Ecology Diet Principles, including how to incorporate into client's cleansing programs and lifestyles (Apprenticeship Program does *not* include cost of or testing for BED certification).
  - Infrared therapy and Chi Machine therapy --- SOQI Bed
  - AquaVida Foot Spa
  - Electro Reflex Energizer
  - Ionized Water
  - Cleansing Programs – Parasite, Candida, Heavy Metals, Kidneys, Mucoïd Plaque, General Total Detox, Lymphatic, Liver, and Liver/Gallbladder Flushes
  - Practice management, including use of business tools.

### **Certification Program Requirements**

In order to successfully complete the Program and be eligible to take the I-ACT Certification Examination, each apprentice is expected to:

- Submit an application
- Successfully complete a 25 hour home study course in Anatomy and Physiology and pass an open book test with a minimum score of 75% by the end of the course. OR supply a transcript for Anatomy and Physiology college course.
- Attend all scheduled class sessions for a total of 30 classroom hours.
- Participate fully in all class sessions.
- Successfully complete Practicum: must participate in a minimum of 25 colon hydrotherapy sessions (35 hrs ) during the term of the Program. This includes actual hands-on experience, making suggestions to clients, practical application of procedures, guidelines, and follow-up protocols, and documentation of all sessions.
- Perform Practicum in a professional manner. This includes using appropriate technical language, wearing professional attire, performing practice sessions with confidence, and providing compassionate, knowledgeable attention to client's needs.
- Be an I-ACT Member in Good Standing. This is mandatory to receiving the testing or certification. \$150.

### ***Program Cost***

The total cost of this Program is \$1500 which includes the following:

- 75 hours of classroom and actual hands-on practice at Cleansing Waters (30 hours classroom, 35 hours practicum).
- Anatomy & Physiology (Approximately 25 hours of home study).
- I-ACT approved study materials, including a colon hydrotherapy training manual.
- Free weekly use of colonic equipment, ERE, SoQI bed, AquaVida Ionic cleanses for personal use during apprenticeship.
- 10% discount on products sold at Cleansing Waters during apprenticeship
- Cost does not include I-ACT Certification Examination and Proctoring Fee of \$75.

Next certification class will be held from Saturday, June 7<sup>th</sup> through Saturday, June 14<sup>th</sup>.  
Hours: 9:00 – 7:00 most days.

A non-refundable \$250 deposit will collected at the time of reservation. Class is limited to 4 participants.

**Cleansing Waters, LLC  
Colon Hydrotherapy Certification Application**

**Date:** \_\_\_\_\_

**Name:** \_\_\_\_\_

**Address:** \_\_\_\_\_

**City:** \_\_\_\_\_ **State:** \_\_\_\_\_ **Zip:** \_\_\_\_\_

**Primary Phone Number** \_\_\_\_\_ **Secondary Phone #** \_\_\_\_\_

**Email Address:** \_\_\_\_\_

**Have you received colon hydrotherapy sessions? Where, When and How Many?**

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**What has been your Work Experience in the last 3 years?**

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**Have you had any training or received any certifications in the allopathic health field or Complimentary Health fields? Please List.**

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**What has led you to consider a career in colon hydrotherapy?**

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**What is your primary goal in achieving Colon Hydrotherapy Certification?**

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